

# America's Best Cities for a Healthy (and More Affordable) Retirement



Seattle, Washington

While it's one of the more expensive cities on our list, **Seattle** boasts natural beauty, a moderate climate and a wealth of outdoor and cultural activities — from the nearby Olympic National Park to the recently expanded Seattle Art Museum — all of which make it the ideal locale for active retirees.



Omaha, Nebraska

**Omaha's** economic health is strong, with low cost of living, housing prices, unemployment, and crime. Boomers there also report high levels of satisfaction and support.

We know. It's cold. But education and volunteer opportunities abound in **Minneapolis and St. Paul**, and retirees there report high levels of satisfaction and social and emotional support. Not to mention, the Twin Cities' proximity to the Mayo Clinic puts world-class healthcare within reach.



Minneapolis/St. Paul  
Minnesota



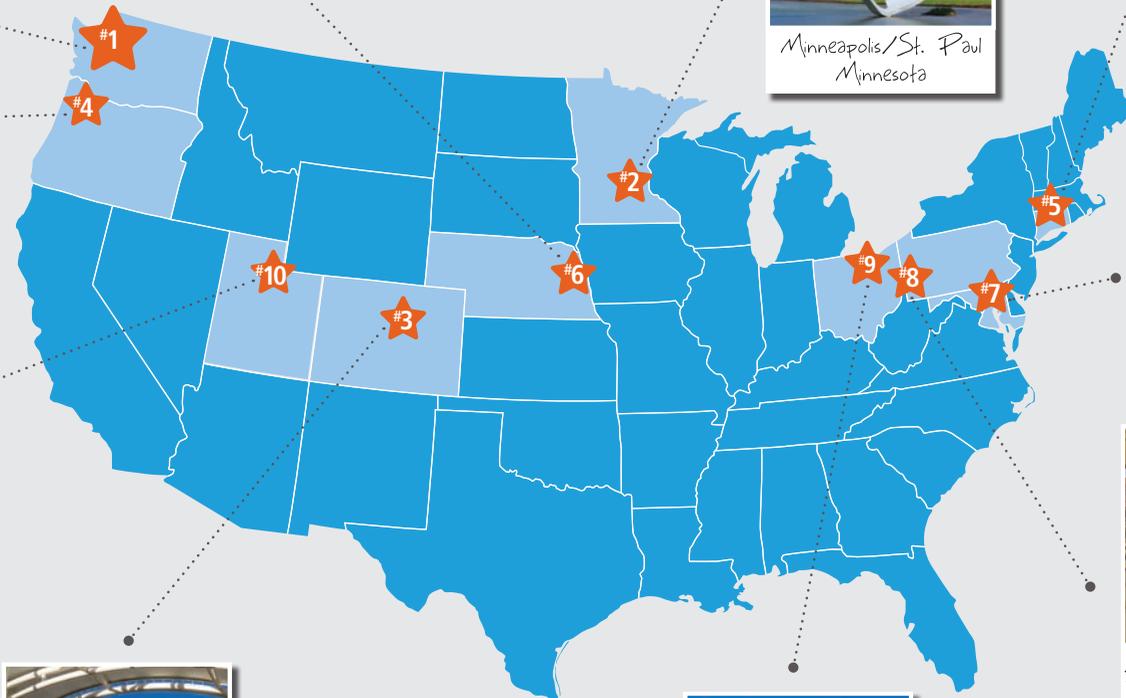
Hartford, Connecticut

**Hartford** boasts one of the most affordable home healthcare industries in our study. The city has one of the highest concentrations of Boomers in the U.S. and some of the highest levels of civic involvement and volunteering.



Portland, Oregon

**Portland** has long been a hot spot for young people, but many of the attractions and features that make it popular for youth also make it great for retirees. Plus, the Oregon Health and Science University Hospital is nationally ranked in five adult specialties, including oncology and geriatrics.



Salt Lake City, Utah

**Salt Lake City** residents are some of the most physically healthy in our study, with low levels of smoking, cancer, heart disease and Alzheimer's disease. One of the lowest unemployment rates in the country and surprisingly good public transportation round out this Rocky Mountain paradise.



Denver, Colorado

Outdoor adventurers will love **Denver** and the endless opportunities the Rocky Mountains provide. The Mile High City also receives high marks for thriving cultural health, with the epicenter at the Denver Performing Arts Complex, one of the largest centers for the arts in the U.S.



Cleveland, Ohio

The **Cleveland Clinic** is among the country's top hospitals for cardiology, urology, geriatrics, oncology and a dozen other specialties. Clevelanders also enjoy low housing prices and Playhouse Square, one of the nation's top theater districts.



Baltimore, Maryland

Healthcare is one of **Baltimore's** specialties, with Johns Hopkins Hospital, Mercy Medical Center and UM Medical Center ranked among the best in the country.



Pittsburgh, Pennsylvania

**Pittsburgh** is among the most affordable cities on our list. But affordability is not all it offers. Yincer retirees also enjoy low crime, top cultural institutions (including the Andy Warhol Museum and Pittsburgh Public Theater) and a high concentration of Boomer residents.